

# Turning Experience into Learning Through Reflection

A NASS Leadership Lens

Quote: “We do not learn from experience; we learn from reflecting on experience.” — John Dewey

## **Narrative Reflection:**

Reflection is a powerful leadership practice. Without it, the year’s experiences—both successes and challenges—risk being repeated rather than learned from. June offers space to slow down and consider what truly mattered.

Effective reflection asks honest questions: What worked? What didn’t? What surprised us? When leaders reflect individually and collectively, insight becomes shared wisdom and informs better decisions ahead.

Reflection strengthens leadership by deepening self-awareness and organizational learning.

## **Leadership Toolkit: Reflecting with Purpose**


- Identify key lessons from the year
- Separate intention from impact
- Share insights with leadership teams

## **Reflection Prompt:**

What insight from this year will most influence how you lead next year?

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